

Services For Education

We know that behaviour issues are at an all-time high across the UK and education staff are often unsure how best to support children with not only improving their behaviour, but tackling the underlying issues that are causing the children to act in that way.

This half-day course is aimed at class teachers, pastoral or behaviour leads or support staff working directly with children and focuses on understanding how safeguarding issues or mental health conditions can manifest through behaviour, and how staff should interpret and respond effectively.

Delegates will:

Gain an increased understanding of common mental health conditions & behavioural changes. Exploring how safeguarding issues, trauma and more prevalent mental health conditions can manifest as changes in behaviour.

- Learn to identify behavioural cues that might indicate underlying safeguarding or mental health issues.
- Learn active listening skills to better understand the needs and feelings behind a person's behaviour and how to elicit tricky conversations.
- Learn strategies to de-escalate situations where a child's behaviour becomes overwhelming for themselves or dangerous for others.
- Learn tools and techniques to communicate effectively with children, including non-verbal techniques for regulation and calming down.

By knowing how to decipher the message behind the behaviour, staff can address the underlying need, whilst creating a safe space can support children to feel comfortable expressing their feelings and experiences verbally.

For more information contact us [here](#).

About the Adviser



Lucie Welch - Adviser, Services For Education

Lucie Welch has worked in the field of Primary Education for the last 15 years, holding the positions

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of Assistant Head of School, Designated Safeguarding Lead, Attendance Lead and Designated Teacher for Looked After Children. Through working across several local authorities and within multi-academy trusts, Lucie has garnered a passion for safeguarding and supporting children and young people to enable them to thrive.

At Services For Education, Lucie is an integral part of the Safeguarding team, sharing her expertise with schools, colleges, trusts, and other educational settings across the city of Birmingham and beyond. Dedicated to improving safeguarding practices in an actionable and impactful way, Lucie works closely with settings to provide bespoke training, supports with reflection on their own practices during Safeguarding audits and always strives to contribute to a better learning environment for all children. Through delivery of statutory training for DSLs and Safer Recruitment, Lucie works with colleagues in all age ranges and is a source of expertise within these areas.

Lucie also wears other important hats within the School Support Team. Not only is she dedicated to ensuring the safety and well-being of students through her role in safeguarding, but she also plays a key part in the PSHE/RSE and Health for Life teams. Additionally, Lucie partners with the Best Practice Network to deliver the Early Career Framework, supporting new teachers in their professional development.